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# PREVENTION FOCUSED EDUCATION AND SUSTAINABLE PEACE

As long as history has been recorded human beings have been fighting, so to ponder a world without conflict and war would see us achieve something that our forefathers have been unable to. Peace would, no doubt, be an outstandingly 'good' and sensible outcome now that we are already well into the 21st Century, and especially so since senseless violence, mass shootings, and power and control struggles seem to be on the rise.

Serenidad means "serenity" in Spanish. In creating a global organisation founded on such a powerful word, that invokes a sense of calm and accomplishment, Nola Hennessy's intention was always to create a wave of change that would never cease. An outcome of global peace is achievable, but it must remain the light, in everyone's eyes, in order to be sustainable – a perpetual goal.

To get there and stay there, it will take education and empowerment of every individual, sustained by an enduring focus on prevention-based strategies; education for everyone at every layer in society. While people stay oblivious and resistant to positive change, and a shift to healthy, open, constructive and empowering relationships, they will remain "stuck" believing that peace in their relationships is not possible. Peace in any relationship, anywhere, is possible - it's all about choice.

As you choose and as you decide, so your life will be formed (Ref: No Boxing Allowed)



