

# GREAT LEADERSHIP - USING

## POSITIVE PERSONAL POWER TO ACHIEVE PEACE



### Nola Anne Hennessy

Global Thought Leader on prevention-focused education and behavioral change, to enable the achievement and sustainability of global peace. Nola teaches how to become a Great Leader by guiding and empowering others in being the best they can be. Imagine being selfless, fearless, without baggage, and positive in every aspect of life? The way forward to the future is ultimately from a choice in the past.

#### ABOUT THE AUTHOR, PEACE ADVOCATE AND BUSINESS WOMAN:

Born in Australia, Texas is where Nola also calls home. One of Rotary International's Inspirational Women of 2011 and a 2014 USA "Woman of Impact," Nola rose from a childhood of severe constraints to become a senior manager at age 16, a senior leader at 19, and has three times risen to senior leadership and the top of her chosen profession. She leads Serenidad Consulting® in its strategic intent to facilitate positive change and peace. Her guiding principles are Excellence, Great Leadership and Positive Personal Power. Nola is a Fellow of the Australian Institute of Management and a former member of the UN Association of Australia.

\* You have control over how you respond to others

\* "Change is an opportunity, never a threat" – how to develop the positive mindset that embraces change and overcomes fear

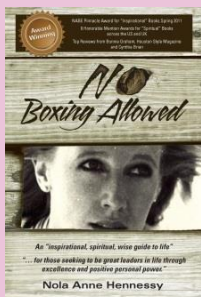
\* Why being honest, calm, compassionate and forgiving contributes to healthy and rewarding relationships

\* Achieve success through selflessness – it takes courage, commitment and knowing "it's not all about me"

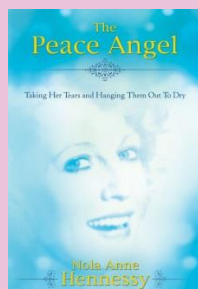
\* Something good always comes from the worst adversity – you just have to look for it and embrace it

\* Men and women are not wired differently – they're just programmed differently – learn how to think like a human, not by 'gender', and achieve a balanced, consistent mindset

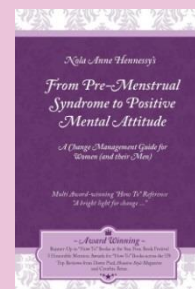
\* Let go of the past to move forward to success – the secret for women and men to survive and thrive in a world full of labels, boxes, biases and restrictions



**NO BOXING ALLOWED**  
the MULTI AWARD-WINNING "inspirational" "spiritual" "wise guide to life"



**A DEEPLY PERSONAL, HONEST & THOUGHT-PROVOKING MEMOIR** – like a prayer, this MULTI AWARD-WINNING "Best Autobiography" chronicles Nola's extraordinary life and exemplifies why she passionately leads for positive change and advocates against violence



**FROM PRE-MENSTRUAL SYNDROME TO POSITIVE MENTAL ATTITUDE – A Change Management Guide** MULTI AWARD-WINNING "how to" relationships guide for women and men, that shines the light on this and other sensitive topics

#### Recent media engagements:



THE HUFFINGTON POST



HUFFPOST WOMEN



#### Reach Nola via:

Grapevine PR (USA): +1 323-3862300 ext 1

Cell Phone (USA): +1 281 9610361

Telephone (Aust): +61 (0)7 55148077

Cell Phone (Aust): +61 (0)418 217977

Email: [nola@serenidadconsulting.com](mailto:nola@serenidadconsulting.com)

Skype: "serenidadconsulting"

In Studio Satellite Link: (pre-arranged)

Fax (Aust): +61 (0)7 55148088

[www.serenidadconsulting.com](http://www.serenidadconsulting.com)