

The certificate is set against a light blue background with a wavy pattern. It features a large white oval at the top left containing the text 'Southern California Book Festival'. The words 'Southern' and 'California' are in a blue cursive font, while 'Book Festival' is in a black serif font. The background is decorated with faint, light blue illustrations of palm trees and birds. The text is centered and reads: 'This is to certify that Nola Hennessy's "From Pre-Menstrual Syndrome to Positive Mental Attitude" was an honorable mention in the how-to category at the 2012 Southern California Book Festival'. At the bottom left, there is a signature of Bruce Haring and his name and title. At the bottom right, the date 'October 29, 2012' is printed. A decorative flourish separates the title from the award text.

Southern
California Book Festival

This is to certify that

Nola Hennessy's

"From Pre-Menstrual Syndrome
to Positive Mental Attitude"

*was an honorable mention in the how-to category
at the 2012 Southern California Book Festival*


Bruce Haring, managing director

October 29, 2012